

### **Goal 3**

Roscoe Central School staff and students will demonstrate an awareness of the importance of wellness and acceptance of diversity

### **Objectives**

Students and staff will develop a healthy attitude toward the emotional and physical wellness of self and others through the development of wellness and diversity acceptance programs.

Roscoe Central School will implement a whole-school commitment to the "CARE" program to include both students and staff

Roscoe Central School will continue forward with the K-6 PATHS program

Roscoe Central School will implement activities and experiences which assist in the creation of well-rounded individuals armed with both physical and emotional wellness

### **Barriers**

Lack of global experiences

Time

Training needs for teachers to enhance cooperative learning and team-building

Getting students and staff to buy in to the importance of these beliefs and behaviors

Transportation for after-school activities

Conflicts with other activities

### **Critical Success Factors**

Implementation of the CARE program

Continuation of the PATHS program

Reporting and discipline regarding negative behaviors, attitudes and actions

Team-building and cooperative methodologies in the majority of school activities

Staff acting as appropriate models for desired behaviors

Appropriate exercise and wellness challenges

### **Strategies**

Tracking mechanism to assess progress made on objectives.

Training for staff in the CARE program

Utilize the current Wellness Committee to institute some of the objectives of this goal

Create a travel club for students to investigate different cultures and areas of our nation and then travel to these areas

Train staff to Incorporate team-building and cooperative activities into activities regularly

Wellness activities for staff for stress reduction