



SEPTEMBER

Menu Subject To Change

Monday	Tuesday	Wednesday	Thursday	Friday
3 Fat Free Chocolate Milk 1% & Fat Free White Milk Offered Daily	4 Fresh Fruit & Canned Fruit offered Daily.	5	6 Chicken Nuggets Dipping Sauces Peas & Carrots Zucchini Muffin Fruit Choices Milk Variety	7 Cheese or Broccoli Pizza Tossed Mixed greens Trail Mix Fruit Choices Milk Variety
10 Chicken Patty on a Bun Lettuce & Tomato Fresh Boccoli & Celery Vegetarian Beans Fruited Jello Apple Milk Variety	11 Crunchy Tacos Lettuce Tomato & Cheese Salsa Brown Rice & Beans Corn Fruit Choices Milk Variety	12 Whole Wheat Pancakes & Sausage or Egg & Cheese Muffin Orange Juice or Tomato Juice Applesauce Milk Variety	13 Cheese Pizza or Stromboli Tossed Mixed Greens Trail Mix Fruit Choices Milk Variety	14 Toasted Cheese Sandwich or Fish on a bun Tomato Soup Carrots & Broccoli Fruit Choices Milk Variety
17 Chicken Parm. Broccoli & Garlic Pasta Tossed Mixed Greens Fruit Choices Milk Variety	18 Chicken Fajitas Lettuce, Tomato, Salsa California Blend Veg. Brown Rice & Beans Fruit Choices Milk Variety	19 Baked Potato or Sweet Potato Broccoli Cheese Sauce Vegetarian Chili Fruit Choices Milk Variety	20 Cheese Pizza or Broccoli Pizza Tossed Mixed Greens Fruit Choices Trail Mix Milk Variety	21 Hamburger on a Bun or Garden Burger Lettuce & Tomato Vegetarian Beans Sweet Potato Fries Fruit Choices Milk Variety
24 Ham & Cheese Pretzel Melt Spinach Salad Carrots & Broccoli Fruit Choices Milk Variety	25 Baked Ziti Marinara Tossed Mixed Greens Italian Bread California Blend Veg. Fruit Choices Milk Variety	26 Chicken Nuggets Dipping Sauces Sweet Potato Bar Vegetarian Beans Spinach Fruit Choices Milk Variety	27 Cheese Pizza or Spinach & Cheese Calzone Tossed Mixed Greens Trail Mix Fruit Choices Milk Variety	28 Sloppy Joe on a Bun or Meatball Sub Green Beans Carrots & Dip Fruit Choices Milk Variety
Alternate Lunch Daily: Chefs Salad, Yogurt & 1/2 Sand., Yogurt Parfait, PBJ			BREAKFAST: Pre K-6th grade Free 9-12 \$1.40 Lunch Pricing: Pre K-6th grade \$1.70 7-12 \$1.95	

